

NUTR -417: Nutrition in Health & Disease

Provides a review of evidence-based relationships between nutrition and long-term health and wellbeing as well as chronic nutrition-related diseases/conditions. Students will delve into the risk factors, etiology, nutritional components and pathophysiology of chronic nutrition-related diseases and conditions and deliberate current evidence-based, nutrition-focused lifestyle strategies for preventing and managing these diseases and conditions.

Credits: 3

Prerequisites/Permissions:

NUTR 130, 161, 175, 320, 323, ANAT 171, 172

Program:

Nutrition