

# Human Performance (B.S.) - Sports Medicine

The Human Performance degree program offers a concentration in Sports Medicine that affords students practical and clinical experience grounded in theory and science. The undergraduate degree program provides a strong curriculum that can serve as a gateway to professional schools in medicine, dentistry, and physical therapy.

## Freshman Year First Semester

Item #	Title	Credits
FRSM 001	Freshman Seminar	1
	MATH 006/007	3
	Social Sciences Course	3
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
	Humanities Requirement	3
	Freshmen English - ENGL 104	3
	<b>Sub-Total Credits</b>	<b>16</b>

## Freshman Year Second Semester

Item #	Title	Credits
	English Composition 104/105	3
	Math 009/010	4
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
HHPL 102	Human Anatomy Lec/Lab	4
	Humanities Requirement	3
	<b>Sub-Total Credits</b>	<b>17</b>

## Sophomore Year First Semester

Item #	Title	Credits
	Social Sciences Course	3
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
HHPL 103	Physiology	3
HHPL 107	Exercise Physiology	3
HHPL 140	Human Growth & Development	3
	<b>Sub-Total Credits</b>	<b>15</b>

## Sophomore Year Second Semester

Item #	Title	Credits
HHPL 104	Kinesiology	3
HHPL 118	Athletic Training I	3
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
HHPL 160	Women's Health	1
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
	Physical Education (Active)	1
<b>Sub-Total Credits</b>		<b>17</b>

## Junior Year First Semester

Item #	Title	Credits
HHPL 111	Motor Learning	3
SLMC 101	Principles of Speech	3
HHPL 107	Exercise Physiology	3
HHPL 112	First Aid & CPR	3
	Health Ed. Elective	1
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
<b>Sub-Total Credits</b>		<b>16</b>

## Junior Year Second Semester

Item #	Title	Credits
HHPL 723	Intro to Research & Stat-Writ	3
BIOL 101	General Biology Lec/Lab	4
AHCC 003	Medical Terminology	2
HHPL 130	Exercise Physiology II	3
<b>Sub-Total Credits</b>		<b>12</b>

## Senior Year First Semester

Item #	Title	Credits
PHIL 055/057	Intro to Philosophy	3
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
PHYS 001	General Physics Lec-Rec-Lab I	5
<b>Sub-Total Credits</b>		<b>14</b>

## Senior Year Second Semester

Item #	Title	Credits
	General Education Elective (Options: To be determined in consultation with advisor)	3
	General Elective Requirement (Options: To be determined in consultation with advisor)	3
HHPL 175	Controlling Stress & Tension	1
	General Education Elective (Options: To be determined in consultation with advisor)	3
	Social Sciences Course	3
	<b>Sub-Total Credits</b>	<b>13</b>
	<b>Total credits:</b>	<b>120</b>

## Category Descriptions

### MATH 006/007

### Social Sciences Course

### World Language and Culture Requirement (Options: See Elective Group Descriptions)

	Foreign Language - Amharic*	3
	Foreign Language - Arabic*	3
	Foreign Language - Chinese*	3
	Foreign Language - French*	3
	Foreign Language - German	3
	Foreign Language - Haitian Creole* (Options: Courses under code HACR)	3
	Foreign Language - Spanish*	3
	Foreign Language - Swahili*	3
	Foreign Language - Wolof*	3

## Humanities Requirement

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### Freshmen English - ENGL 104

ENGL 104	Sophomore Sem I	3
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### English Composition 104/105

ENGW 104	Writing, Literacy, and Discourse	3
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## Math 009/010

### General Elective Requirement (Options: To be determined in consultation with advisor)

Courses level 000 to 299 in identified subject for Minor

## Physical Education (Active)

## Health Ed. Elective

Courses under HHPL and PHAS

### General Education Elective (Options: To be determined in consultation with advisor)