

# MILI 008: Leadership Lab MSL402

Open only to students in the associated Military Science course. Series, with different roles for students at different levels in the program. Involves leadership responsibilities for the planning, coordination, executing and evaluation of various training and activities with Basic Course students and for the ROTC program as whole. Students develop, practice and refine leadership skills by serving and being evaluated in a variety of responsible positions. Physical fitness is required of students in MS 301, 302, 401 and 402, of which this program is an integral part. Series, with different roles for students at different levels in the program. Participate in and learn to plan and lead physical fitness programs. Develops the physical fitness required of an officer in the Army. Emphasis on the development of an individual fitness program and the role of exercise and fitness in one's life.

**Credits:** 1

**Program:**

*Army*