

NUTR 421: Global Health and Nutrition

Examines cultural eating patterns across the globe and explore how these affect health and well-being. It will provide a birds-eye view of how political and economic influences have affected food availability. This course examines dietary habits and nutritional status of populations influenced by national and local food policies and practices. In addition, course examines the political and economic influences on behavioral health and chronic diseases.

Credits: 3

Program:

Nutritional Sciences