

# Health Education - Maternal & Child Health Concentration (B.S.)

The Health Education degree prepares students who wish to find employment in community-based agencies, public health departments, non-profit organizations, or hospitals.

NOTES: Students majoring in health education studies are required to complete a minimum of 15 credits in a minor of their choice.

## Freshman Year First Semester

Item #	Title	Credits
FRSM 001	Freshman Seminar	1
	MATH 006/007	3
AFRO 005	Intro Afro-American Studies I	3
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
	Humanities Elective	3
	ENGW 101/102/104	3
	<b>Sub-Total Credits</b>	<b>16</b>

## Freshman Year Second Semester

Item #	Title	Credits
	English Composition 104/105	3
	Math 009/010	4
	Humanities Elective	3
	Anatomy Lecture/Lab	4
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
	<b>Sub-Total Credits</b>	<b>17</b>

## Sophomore Year First Semester

Item #	Title	Credits
AFRO 006	Intro Afro-America Studies II	3
	World Language and Culture Requirement (Options: See Elective Group Descriptions)	3
HHPL 140	Human Growth & Development	3
HHPL 157	Health Prob of Child & Youth	3
HHPL 165	Hlth of Wmn, Child & Families	3
HUDV 119	Diverse Youth and Families of Color	3
	<b>Sub-Total Credits</b>	<b>18</b>

## Sophomore Year Second Semester

Item #	Title	Credits
HUDV 143	Parenting: Theory, Research & Support	3
NUTR 161	Introduction to Nutrition	3
	World Language and Culture Requirement (Options: See Elective 3 Group Descriptions)	3
HHPL 755	Addictive Behavior-Writing	3
HHPL 167	MCH-Institute	3
HHPL 160	Women's Health	1
	<b>Sub-Total Credits</b>	<b>16</b>

## Junior Year First Semester

Item #	Title	Credits
HLMN 201	Community Health	3
SLMC 101	Principles of Speech	3
HHPL 163	Foundation of Health Promotion	3
HUDV 113	Prenatal Infant & EC Dev	3
	Physical Education (Active)	1
	General Elective (Options: To be determined in consultation with 3 advisor)	3
	<b>Sub-Total Credits</b>	<b>16</b>

## Junior Year Second Semester

Item #	Title	Credits
HHPL 152	Meth&Mat Hlth Ed	3
	General Elective (Options: To be determined in consultation with 3 advisor) (3)	3
	General Elective (Options: To be determined in consultation with 3 advisor)	3
	General Elective (Options: To be determined in consultation with 3 advisor) (3)	3
HHPL 123	Res & Stat-Sprt Med	3
	<b>Sub-Total Credits</b>	<b>15</b>

## Senior Year First Semester

Item #	Title	Credits
	Philosophy Elective (055/057)	3
	General Elective (Options: To be determined in consultation with 3 advisor)	3
	General Elective (Options: To be determined in consultation with 3 advisor)	3
	General Elective (Options: To be determined in consultation with 3 advisor) (3)	3
	Humanities Elective	3
	<b>Sub-Total Credits</b>	<b>15</b>

## Senior Year Second Semester

Item #	Title	Credits
	General Elective (Options: To be determined in consultation with 3 advisor)	3
HHPL 175	Controlling Stress & Tension	1
	General Elective (Options: To be determined in consultation with 3 advisor) (3)	3
	<b>Sub-Total Credits</b>	<b>7</b>
	<b>Total credits:</b>	<b>120</b>

## Category Descriptions

### MATH 006/007

### World Language and Culture Requirement (Options: See Elective Group Descriptions)

	Foreign Language - Amharic*	3
	Foreign Language - Arabic*	3
	Foreign Language - Chinese*	3
	Foreign Language - French*	3
	Foreign Language - German	3
	Foreign Language - Haitian Creole* (Options: Courses under code HACR)	3
	Foreign Language - Spanish*	3
	Foreign Language - Swahili*	3
	Foreign Language - Wolof*	3

### Humanities Elective

### ENGW 101/102/104

Choose between ENGW 101, ENGW 102, OR ENGW 104

## English Composition 104/105

ENGW 104	Writing, Literacy, and Discourse	3
ENGW 105	Reflective Writing and Portfolios	3

## Math 009/010

## Anatomy Lecture/Lab

## Physical Education (Active)

## General Elective (Options: To be determined in consultation with advisor)

## General Elective (Options: To be determined in consultation with advisor) (3)

## General Elective (Options: To be determined in consultation with advisor)

## Philosophy Elective (055/057)

PHIL 057	Intro to Ethics (Honors)	3
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