

# NUTR 320: Nutritional Life in the Cycle

Provides an integrated study of nutrition concepts applied to the human life cycle. The nutritional foundations necessary for the growth, development, and normal functioning of individuals in each stage of the life span will be discussed throughout this course.

**Credits:** 3

**Prerequisites/Permissions:**

NUTR 161

**Program:**

## Nutritional Sciences

**Essential Learning Outcomes:** ELO #7: Comprehensive Wellness Practices