

NUTR 310: Intro. to Diet & Nutrition Edu

Explores theories and skills necessary to design and implement nutrition education programs. It shows how nutrition education can facilitate dietary changes in a group of people. It introduces students to nutrition education basics, definition, history, aims field and challenges. The course introduces students to the science of nutrition, its application in health education process. The students will learn about nutrition education definition, rationale, impact, role of health educator and nutrition services, and nutritional population problems.

Credits: 3

Prerequisites/Permissions:

Change the name to: Intro. to Diet & Nutrition Edu

Program:

Nutritional Sciences