

# HUDV 150: Positive Aging in Adulthood and Later Life

Examines biological, cultural, and social experiences that influence aging in adulthood and later life, challenges longstanding views of middle and later life as periods of decline by looking at protective factors as well as the normative losses, learn to apply theoretical and practical information to influence own and other individuals' positive development as aging adults

**Credits:** 3

**Program:**

## Human Development