## MILI 001: MS I Leadership Lab MSL101

Open only to (and required of) students in the associate Military Science course. Series, with different roles for students at different levels in the program. Learn and practice basic skills. Gain insight into Advanced Course in order to make an informed decision whether to apply for it. Build self-confidence and a team-building leadership skills that can be applied through life. Physical is required in MS 101, MS 102 and 202. Series, with different roles for students at different levels in the program. Participate in a learn to lead a physical fitness program. Emphasis on the development of an individual fitness program and the role of exercise and fitness in one's life.

Credits: 1 Program:

Army

Essential Learning Outcomes: ELO #4: Intellectual and Practical Skills

ELO #5: Social Responsibility and Knowledge of Political Institutions

ELO #6: Leadership and Applied Learning

1 2023-2024