

# MILI 101: Introduction to Army ROTC

Make your first new peer group at college one committed to performing well and enjoying the experience. Increase self-confidence through team study and activities in basic drill, physical fitness, rappelling, leadership reaction course, first aid, making presentations and basic marksmanship. Learn fundamental concepts of leadership in a profession in both classroom and outdoor laboratory environments. One hour and a required leadership lab, MS101L, plus optional participation in a one hour session for physical fitness. Participation in a weekend exercise is optional, but highly encouraged (and fun!).

**Credits:** 1

**Program:**

*Army*