HHPL 153: Human Sexuality

Provide an understanding of human sexuality as a part of a healthy personality. Human sexuality is a natural part of life. Its concepts are learned and involve three dimensions: biological, psychological and sociocultural. Students learn about the interrelationship of these dimensions as they explore various topics including but not limited to: sexual communication, contraception, sexual response and arousal, sexually transmitted infections and diseases, sexual ethics, gender dimensions and sexual orientation.

Credits: 3 Program:

Health, Human Perform. & Leisure Studies COURSE DESCRIPTIONS

1 2023-2024