

HHPL 140: Human Growth & Development

Examines human growth and development across the lifespan, focusing on the biological, cognitive, and socio/emotional processes that shape development. This course will explore important issues in the life-span developmental theory and research and is designed to help students consider how theory and research can be applied to enhance their personal and professional lives.

Credits: 3

Program:

Health, Human Perform. & Leisure Studies

COURSE DESCRIPTIONS