

# HHPL 106: Disease Prevent & Hlth Promote

Examines disease types, classification and risk factors. Explore levels of prevention, behavior change theories and health promotion concepts. Study Healthy People 2023's framework, five key elements, and evidence-based resources. Learn the social marketing strategies. Apply knowledge gained from course to create a health promotion campaign.

**Credits:** 3

**Program:**

Health, Human Perform. & Leisure Studies

COURSE DESCRIPTIONS