

HHPL 038: Restrictive Activity IV

Provides the student who has documentation of physical limitations from Student Services and/or physician and the approval of the instructor of record that they will be able to safely and successfully complete the assigned specific activities to fulfill one of the HHPL requirements. **Students allergic to pool chemicals or have documented phobia to the water, must select another physical activity course or health course and not the Restrictive Activities course.

Credits: 1

Program:

Health, Human Perform. & Leisure Studies

COURSE DESCRIPTIONS

Essential Learning Outcomes: ELO #7: Comprehensive Wellness Practices